

A group of seven business professionals, four women and three men, are seated around a large white conference table in a bright, modern office. They are all dressed in business attire, including blazers and suits. Some are looking at documents on the table, while others are engaged in conversation. The background is a light, neutral color, and the overall atmosphere is professional and collaborative.

YOUR LEADERSHIP STYLE IN ACTION

PROGRAM OVERVIEW

Strong leadership starts with self-awareness.

Leaders who understand their style, strengths, and blind spots — and know how to flex with situational leadership — create stronger trust, avoid misfires, and achieve better results.

This program helps leaders uncover their natural style, see how it lands with others, and practise adapting their approach to different people and situations.

Participants create their ideal personal leadership brand — a vision of how they want to be seen and experienced as a leader.

Through feedback and reflection, they explore how their current style compares with that ideal, and identify the specific actions they need to take to close the gap and step into their best leadership.

WHO IT'S FOR

- Leaders wanting clearer impact and presence.
- Teams needing a shared language for style and strengths.
- Organisations seeking mature, adaptable leadership.

LEARNING OUTCOMES

By the end of the program, participants will:

- Gain a clear picture of their leadership style and impact.
- Identify strengths, overplayed strengths, and blind spots.
- Practise flexing style using situational leadership.
- Build confidence in adapting to different people and contexts.
- Use feedback as fuel to refine presence and impact.
- Define their ideal leadership brand, compare it with their current impact, and create a roadmap of actions to move closer to their ideal.
- Leave with a personal leadership experiment and practice plan

DELIVERY FORMATS & AGENDAS

OPTION A:

FULL-DAY WORKSHOP

(WITH PROFILING TOOL)

Pre-work (1–2 hours): Complete agreed profiling tool (DISC, Hogan, MBTI, LSI, or TLC).

Morning:

- Understanding leadership style: profile results, interpretation, and business impact.
- Strengths, overplayed strengths, and blind spots.
- Leadership in context: how style lands with colleagues, clients, and stakeholders.

Afternoon:

- Situational leadership: flexing approach to match task, team, and timing.
- Building your personal leadership brand: defining your ideal, comparing to current state.
- Feedback exercise: guided peer and facilitator input on impact vs. intent.
- Leadership action plan: roadmap of experiments and commitments for the next 90 days.

DELIVERY FORMATS & AGENDAS

OPTION B:

HALF-DAY WORKSHOP

(WITHOUT PROFILING)

- Situational leadership: flexing style for different contexts.
- Leadership in context: how style lands with colleagues, clients, and stakeholders.
- Building your personal leadership brand: defining your ideal vs. current state.
- Leadership action plan: practical experiments and commitments for the next 90 days.

OPTION C:

90-MINUTE MODULAR SERIES

90-Minute Modular Series

Delivered as 5 sessions:

1. **Leadership style and self-awareness:** what drives your impact.
2. **Interpersonal impact:** how your style lands with others.
3. **Situational leadership:** flexing approach for clients and teams.
4. **Feedback as fuel:** practice giving/receiving feedback constructively.
5. **Ideal leadership brand:** design, compare, and create action roadmap.

WORKBOOKS & MATERIALS

- **Profile Report** (if using DISC, Hogan, MBTI, LSI, or TLC)
- **Leadership Brand Canvas** — map ideal vs. current leadership.
- **Situational Leadership Guide** — practical tips for flexing style.
- **Feedback Practice Sheet** — scripts and structures for receiving feedback without defensiveness.
- **Leadership Action Tracker** — 90-day plan for experiments and commitments.

We tailor the program to your context and tools.

If your organisation already uses a profiling instrument, we can work with that. If not, we provide accessible models such as DISC, Hogan, MBTI, LSI, or TLC.

For shorter formats, we use situational leadership as the practical framework.

The design is always commercial and outcome-driven: leaders will leave with clear insights, practical tools, and a concrete action plan they can implement immediately.

HOW IT WORKS

FAQS

What are the advised follow-up options?

We advise the following options to follow up your workshop:

- 1:1 Debrief Coaching for participants who want deeper insight into their profile.
- Peer Coaching Groups — structured follow-up sessions to share progress and challenges.
- 90-Day Review Workshop — check progress against leadership brand action plans.

How do I know which profiling tool is best for us to use?

I'll guide you through the decision based on your goals, context, prior experience with profiling, budget, timing, and leadership level — ensuring you get the insights that matter most without unnecessary complexity or cost.

NEXT STEPS

Ready to lead with greater clarity and impact?

Help leaders unlock their style,
flex with impact,
and lead with clarity.

EXPLORE MORE PROGRAMS

Getting Ready for Promotion

Equip high-potential leaders with behaviours, visibility, and strategy to step up.

Delivery Options to Choose From:

- 2-day immersive
- 1-day intensive
- 90-min virtual series*

Step Into Leadership (First 90 Days & Beyond)

Support newly promoted leaders to build credibility, alliances, and early wins.

Delivery Options to Choose From:

- 90-min virtual series* (1:1 or group)

From Leader to Executive Team

Transform senior groups into true executive teams with trust, alignment, and results.

Delivery Options to Choose From:

- 1-day offsite
- 90-min virtual series*

Guilt Free Growth

Help working parents design sustainable careers and home lives without guilt.

Delivery Options to Choose From:

- 1-day workshop
- 90-min series*

Team Fuel

Reignite team purpose, priorities, and engagement for stronger collaboration and results.

Delivery Options to Choose From:

- 1-day team workshop
- 90-min series*
- Optional follow-up team surgery

Emotional Intelligence in Professional Services

Strengthen self-awareness, composure, empathy, and relationships under professional pressure.

Delivery Options to Choose From:

- 2-day immersive
- 1-day intensive
- 90-min series*

Fresh Thinking in Professional Services

Make innovation a habit through reframing, ideation, and low-risk experimentation.

Delivery Options to Choose From:

- 1-day workshop
- 90-min virtual series*

Leading Change

Equip leaders with tools and rhythms to lead change that sticks.

Delivery Options to Choose From:

- 1-day workshop followed by 4 x 60-min momentum sessions
- Online self-guided program*

Communicate with Impact

Simplify complexity, connect with story, and deliver messages that inspire action.

Delivery Options to Choose From:

- 1-day workshop
- 90-min series*
- Optional pitch-prep clinics

***Available virtually, to suit all global time zones.**

All programs have option to add on group or individual coaching

A Note From Me



Sarah



**Book a call
to discuss
your needs**

Who I Work With

I partner with leaders and HR teams across professional services — from large global firms to smaller partnerships — in law, consulting, accounting, and business services.

My Background

With over 20 years in leadership development, I've worked both as a management consultant and inside professional services organisations.

I understand the realities of these environments: always-on, commercially driven, and shaped by cultures that prize logic, analysis, and precision.

What I Deliver

- Leadership development that busy professionals value.
- Practical content designed for analytical, time-poor audiences.
- High-ROI programs that strengthen leadership, engagement, and growth

How I Work

I bring proven frameworks, but I adapt them to your context and culture.

My programs are no-nonsense, commercially grounded, and designed to make an immediate, visible difference — in how leaders show up, how teams collaborate, and how organisations grow.

All programs can be delivered **in-person or virtually, across time zones** to support both global and local teams.